



MARIUS J. MASSIE

The College Health Framework

Students can make it through their toughest **mental health, resilience, conflict, and belonging challenges** with your support. It matters. Marius is a **National Residence Hall Honorary** with a proven track record of creating **award-winning programming** to ignite **reflection** and **curiosity** about students' powerful ability to help heal our world. Marius uses humor, empathy, and a deep understanding of human behavior as he quickly connects with his audience and inspires hope for their futures. **His vulnerable stories** create instant connection and credibility. **Let Marius be a guide.**

How I Beat Academic Suspension With Honors and Undiagnosed ADHD

Equip students to improve and excel academically when traditional study strategies don't work.

Topics: study skills and habits, resilience, motivation, academic excellence, neurodivergence



The Influence Convergence™: Fuse Three Personal Assets to Fuel Your Performance and Leadership Potential

Inspire students to find motivation, choose the right major, make a difference, and change the outcome of their lives.

Topics: self-actualization, suicide prevention, mental health, emotional wellbeing, vocational skills



The Four Personal Attendants™: What Relationships Impact the Future You

Inform students how to avoid drama, create boundaries, find safe friends, and attract mentors so they can persist toward their goals.

Topics: abuse prevention, advocacy, peer relationships, safety, goal-setting



FORUMS FOR PROFESSIONAL & LIFE READINESS

**Lift off into the world of
work and life.**

Build capacity to overcome and win. We speak on campus delivering actionable strategies that position students for higher achievement and career satisfaction.

*30 minutes - Information & Inspiration
30 minutes - Student-Led Q&A*

Panelists

Marius J. Massie is a multifaceted business and organizational effectiveness professional with 20+ years of experience repairing relational disruption in teams and stakeholder groups. Using cognitive behavioral frameworks and tools to find invisible narratives, he systematically removes psychological barriers that hinder progress.

Tirzah-Marie Lewis, PCC, NCP-II combines expert facilitation skills and professional credentialing in narrative coaching to create spaces where individuals feel safe to confront their preconceived narratives and challenge themselves to think differently. Her 20+ years of helping organizations truly understand and live their vision, mission, and values has established her as a trailblazer in leadership and organizational development.

MAIN TOPICS & SUBTOPICS

CONFLICT

- *Get to the Root*
- *Listening Basics*

MENTAL HEALTH

- *Radical Calm*
- *Keep in the Joy Zone*

RESILIENCE

- *Persist After Failure*
- *Stop Sabotaging Success*

RELATIONSHIPS

- *Date With Purpose*
- *Keep Boundaries & Stay Healthy*

STUDY SKILLS & JOB ETIQUETTE

- *Nontraditional Study for Neurodivergents*
- *Epic Job Hunting, Interviewing, & Performance*

LEADERSHIP

- *Define Your Influence & Make an Impact*
- *Style Makes a Difference (But Not How You May Think)*

FIRST YEAR

- *Find Your People*
- *Independence Matters*



**LAUNCH INTO
YOUR DESTINY**





Training, Consulting, & Coaching

- Conflict, vocational, and mental health training to foster unity, high achievement, and resilience on campus.
- Build a regenerative and healing culture that restores and limits misconduct, discrimination, and violence.
- Produce higher capacity and confidence in small group experiences that propel 21st century workforce and life skills.





"Maybe at the time, you didn't know that you would have such an effect on your students...it really did. You helped me believe in myself, as well as taught me some valuable skills."

*Sydney, Student
University of MN-Twin Cities*

"On every occasion, at least one student leaves the program with a new view due to the method in which Marius teaches. He makes passion and practice very similar entities. He is truly an instrument of inspiration."

*Laurissa Jeroslow, Hall Director
University of MN-Twin Cities*

"Right from the start, Marius squelched all my fears and gave me the confidence and assurance to be a successful student at Rasmussen. It is Marius' genuine attention to myself and others that has become a key asset to my educational career."

*Lisa, Student
Rasmussen University*



CONTACT

marius@mariusjmassie.com
612.547.9160

SCHEDULE MEETING

<https://calendly.com/mariusjmassie>

FOR MORE INFORMATION

<https://mariusjmassie.com>

